

**In order to provide you the best possible wellness care, please complete this form and bring it to your first appointment. All information is strictly CONFIDENTIAL.**

**Patient Data**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Date \_\_\_\_\_ Email\* \_\_\_\_\_

*\* Your email will NOT be shared with any 3d parties, and is used for occasional office announcements and promotions.*

**Mailing Address**

Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone Work ( \_\_\_\_\_ ) \_\_\_\_\_ Home ( \_\_\_\_\_ ) \_\_\_\_\_  
Referred By \_\_\_\_\_  
Age \_\_\_\_\_ Birth Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Number of Children \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Marital Status \_\_\_\_\_ Spouse's Name \_\_\_\_\_  
Spouse's Occupation \_\_\_\_\_ Spouse's Employer \_\_\_\_\_  
Spouse's Health Status \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

**Current Complaints**

Nature of Injury: \_\_\_\_\_  
Please Describe: \_\_\_\_\_

Date of Injury \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Date Symptoms Appeared \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Have you ever had same condition?  Yes  No If Yes, When? \_\_\_\_\_  
List of other practitioners seen for this injury/condition \_\_\_\_\_

Have you ever been under chiropractic care? \_\_\_\_\_  
If Yes, Please Describe \_\_\_\_\_

**Insurance Information**

Name of Party Responsible for Payment \_\_\_\_\_  
Phone ( \_\_\_\_\_ ) \_\_\_\_\_ Do you have health insurance?  Yes  No  
Name of Company \_\_\_\_\_

**\* If an auto accident, please provide:**

Insurance Company Name: \_\_\_\_\_  
Contact Person \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_  
Claim # \_\_\_\_\_

## Signatures

I certify that I have read and understand the above information to the best of my knowledge. The above questions have been accurately answered. I understand that providing incorrect information can be dangerous to my health. I authorize the Chiropractor to release any information including the diagnosis and the records of any treatment or examination rendered to me or my child during the period of such Chiropractic care to third party payers and/or health practitioners. I authorize and request my insurance company to pay directly to the Chiropractor or Chiropractic group insurance benefits otherwise payable to me. I understand that my Chiropractic insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my behalf or my dependents.

### Name of the Insured \_\_\_\_\_

I certify that I have read and understand the above information to the best of my knowledge. The above questions have been accurately answered. I understand that providing incorrect information can be dangerous to my health. I authorize the Chiropractor to release any information including the diagnosis and the records of any treatment or examination rendered to me or my child during the period of such Chiropractic care to third party payers and/or health practitioners. I authorize and request my insurance company to pay directly to the Chiropractor or Chiropractic group insurance benefits otherwise payable to me. I understand that my Chiropractic insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my behalf or my dependents.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Spouse's or Guardian's Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

## Medical History

Have you been treated for any conditions in the last year?  Yes  No

If Yes, Please Describe \_\_\_\_\_

Date of Last Physical Exam \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Is there a chance that you are pregnant?  Yes  No \_\_\_\_\_

Have you had X-rays taken?  Yes  No If Yes, Where? \_\_\_\_\_

What medications are you taking and for what conditions (*Please list dosage and amounts, etc*) \_\_\_\_\_

What vitamins, minerals, or herbs do you currently take? (*Please list for what conditions, dosage, and frequency.*) \_\_\_\_\_

### Have you ever:

Broken bones?  Yes  No Please Briefly Explain \_\_\_\_\_

Been hospitalized?  Yes  No Please Briefly Explain \_\_\_\_\_

Been in an auto accident?  Yes  No Please Briefly Explain \_\_\_\_\_

Had Sprains/Strains?  Yes  No Please Briefly Explain \_\_\_\_\_

Been struck unconscious?  Yes  No Please Briefly Explain \_\_\_\_\_

Had surgery?  Yes  No Please Briefly Explain \_\_\_\_\_

## Family History

Family Members - Present and past health conditions (*Example: heart disease, cancer, diabetes, arthritis, etc.*): \_\_\_\_\_

Do you experience pain every day?  Yes  No  
 Do your symptoms interfere with daily life?  Yes  No  
 Does pain wake you up at night?  Yes  No  
 Are your symptoms worse during certain times of the day?  Yes  No  
 Do changes in weather affect your symptoms?  Yes  No  
 Do you wear orthotics?  Yes  No  
 Do you take vitamin supplements?  Yes  No  
 What activities aggravate your symptoms? \_\_\_\_\_

**Habits**

Alcohol	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Coffee	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Tobacco	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Drugs	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Exercise	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Sleep	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Appetite	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Soft Drinks	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Water	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Salty Foods	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Sugary Foods	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy
Artificial Sweeteners	<input type="checkbox"/> None	<input type="checkbox"/> Light	<input type="checkbox"/> Moderate	<input type="checkbox"/> Heavy

**Have you ever suffered from:**

- Alcoholism
- Allergies
- Anemia
- Arteriosclerosis
- Arthritis
- Asthma
- Back Pain
- Breast Lump
- Bronchitis
- Bruise Easily
- Cancer
- Chest Pain/Conditions
- Cold Extremities
- Constipation
- Cramps
- Depression
- Diabetes
- Digestion Problems
- Dizziness
- Ears Ring
- Excessive Menstruation
- Eye Pain or Difficulties
- Fatigue
- Frequent Urination
- Headache
- Hemorrhoids
- High Blood Pressure
- Hot Flashes
- Irregular Heart Beat
- Irregular Cycle
- Kidney Infection
- Kidney Stones
- Loss of memory
- Loss of balance
- Loss of smell
- Loss of taste
- Lumps In Breast
- Neck Pain or Stiffness
- Nervousness
- Nosebleeds
- Pacemaker
- Polio
- Poor Posture
- Prostate Trouble
- Sciatica
- Shortness of breath
- Sinus Infection
- Sleep problems or Insomnia
- Spinal Curvatures
- Stroke
- Swelling of ankles
- Swollen Joints
- Thyroid Condition
- Tuberculosis
- Ulcers
- Varicose Veins

Please use the following letters to indicate **TYPE** and **LOCATION** of the symptoms you currently are experiencing.

**A**=Ache    **O**=Other    **B**=Burning    **P**=Pins & Needles    **N**=Numbness    **S**=Stabbing

